Skilled Nursing Care

When health and safety concerns arise—whether due to a serious illness or reduced mobility, daily skilled care and oversight is essential. We carefully select our associates to help residents reach the highest level of wellness possible, and they bring a level of competence and compassion to long-term care that sets The Birches apart. From round-the-clock nursing to dignified assistance with the activities of daily living, we’re here to meet individual needs and preferences.

SERVICES & SUPPORT

Warm and wonderful hospitality comes with long-term care at The Birches.

- Licensed nursing associates on-site—24 hours a day, 7 days a week, 365 days a year
- Medical team to oversee care, including a medical director, lead physician, and nurse practitioner
- Resident-directed care plan developed with resident, family, and associates
- Scheduled resident and family individualized care conference meetings
- Respectful assistance with the activities of daily living
- Medication management
- Restaurant-style lunch and dinner meals prepared by in-house chefs and served on china and table linens
- Varied menu choices, including options to meet therapeutic dietary needs
- Enriching activities coordinated by a dedicated Community Life Services Coordinator

Additional services are available if ever needed, including hospice care. The Birches offers a gentle, supportive environment for residents and families always, and especially during difficult times.
ACCOMMODATIONS & AMENITIES
The Tamarack Suites, for our long-term residents, have a warm and friendly neighborhood ambience encouraging socializing and friendship. Neighborhood amenities ensure a sense of community.

- All private Tamarack Suites have a personal refrigerator, microwave, and private bathroom
- Residential living spaces with room for resident’s own furniture, artwork, and cherished belongings
- Housekeeping, laundry services, and paid utilities with cable and local phone service included
- Home-style kitchen where associates make breakfast daily for residents
- Multi-purpose room for planned social events, enriching activities, and restaurant-style dining
- Outdoor sitting area and private family room for visits with loved ones and friends
- Spa with beauty and barber services, including manicures, pedicures, and massage therapy
- 24-hour emergency response system

LONG-TERM RESIDENT-DIRECTED CARE
We believe in getting to know our residents on a deeper level so our associates can provide services and a plan of care that reflects their lifestyle and preferences. It’s about choice; residents have the freedom to choose when to start their days, which activities they wish to participate in, and when to enjoy meals and snacks. It all adds up to better, more personalized care.

PRICING FOR SKILLED NURSING CARE
Exceptional care at The Birches is affordable. Ask us to calculate your specific pricing, based on the assessed state rates for the level of care required, plus the cost of your preferred private suite.

Call us anytime to learn more or arrange a visit.

763-519-1350  763-744-9452

The Birches at Trillium Woods
HEALTH CENTER

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Managed by Life Care Services

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